Welcome Package
for New Members
WELCOME to the NANAIMO TAE KWON DO CLUB

Celebrating 29 years teaching Tae Kwon Do in the Nanaimo community!

Mission Statement:
To assist students to discover their inner abilities, provide highest quality of teaching and honour the traditions of Taekwondo. We are committed to creating and maintaining an atmosphere of positive energy in our dojang.

Vision Statement:
To empower students with valuable skills for daily life, to develop strong leadership skills and to contribute to a safe and peaceful community.

About us:
Our club provides training in the art of Tae Kwon Do. The biggest difference between us and other clubs in Nanaimo is that the NTKD club is a non-profit, volunteer run society. We are not running a business model but instead focusing on members and providing quality service by dedicated members. This allows us to keep the fees affordable to all members, in particular to vulnerable populations who could not normally afford to participate.

What is Taekwondo? Taekwondo is a modern form of an ancient martial art which originated in Korea over 1300 years ago. By placing a greater emphasis on the legs, which can develop far more power and reach than the hands, Taekwondo has become one of the most effective and spectacular methods of self-defence. Anyone can learn Taekwondo, young and old, male and female. This martial art contains many aspects including traditional form, sparring, breaking, and joint locking self defence.

What Can Nanaimo Taekwondo Club Do For You?
- Teach Self-defence
- Teach self-discipline
- Increase flexibility
- Increase self-confidence
- Increase physical & mental coordination
- Improve physical fitness
- Lose weight

Grand Master Gil Woo Kim
The Woo Kim Taekwondo Club is sanctioned by the B.C. World Taekwondo Federation, (BCWT). Class curriculum is under the technical direction of Grand Master K.W. Kim, Grand Master and three time former President of the BCWT Master’s Committee.

Master Steve Large
Steve Large is the School Master for the Nanaimo club. He has been involved in Taekwondo for over 35 years. Steve is dedicated to the practice and preservation of the techniques, traditions, and spirit of Taekwondo.
Get involved for the good cause with a non-profit society!

What you need to know about your Tae Kwon Do Club?

As new member or parent of a new member there are a few things that you need to know about our club: Master Steve Large and his black belt assistants run the daily classes but the organization is run by a dedicated group of volunteers. (Club members, parents, caregivers or grandparents)

1. The annual registration fee entitles each member a vote on how our club is run. Parents have a proxy vote for each child that is a member of the society
2. Our Annual General Meeting is scheduled in November of each year and each member (or parent of member) is required to attend (this is crucial for keeping the non-profit status and funding purposes)
3. Belt tests are conducted 3-4 times a year; September, December, March and June
4. December and June tests conclude with a potluck dinner for all members of the club including family members, these usually take place at a community hall booked for the purpose and are fun for all.
5. School year schedule: Monday to Friday; Statutory holidays and Christmas vacation as per school schedule
6. Summer hours: July and August; Tuesday, Wednesday and Thursday only – the same evening hours
7. We require written notice of Termination or Absence of one month or more...preferably 30 days’ notice
8. Volunteer: Mandatory 20 hrs of volunteering from Sept 1-June 30; with a post-dated cheque for June 30 in the amount of $75.00 is collected at the time of registration. The cheque is returned when 20 hrs are completed. Notification will be provided to members by mid June if the volunteer hours commitment has not been reached and the cheque will be cashed on June 30.

Fundraising is a necessary part of our financial viability:

a. Please donate your pop/water bottles to “Nanaimo Tae Kwon Do Club” account at your local bottle depot
b. Help out at any fundraising event or spearhead one of your own
Nanaimo Taekwondo Club Rates: in effect as of Jan 1, 2017

Sign up Special: $165.00 - This includes:

1. First month of classes $65.00 (Adult) or $60.00 (Child)
2. Dobok (uniform) $35.00
3. Annual Registration fee $27.00
4. Annual Facility Improvement fee $50.00
5. Crest $5.00

Total Savings of $12.00

Please NOTE: Annual Fees are due October 1st each year. New Members joining July-Sept. will have the first year's annual renewal fees waived.

Classes:
Monday to Friday Children (6 to 12 years old) 6:00PM-7:00PM
Monday to Friday Adults (13 years and up) 7:00PM-8:30PM
Tuesdays & Thursdays only Adults 11:00AM - 12:00PM

You can attend as many classes per week as you want. If you attend five times a week or two times a week the same price will apply. You will not find this with any other club in the community.

Monthly Dues are payable on the 1st of each month

Children up to 13 years old: *$60.00 by pre-authorized debit
Adults ages 13 years old and up: *$65.00 by pre-authorized debit
* $5.00 off, if two or more family members attend

Please keep all receipts as they may be used for income tax purposes. An itemized receipt can also be provided at the year-end, if requested.

Annual Registration Fee:
Annual $27.00 Registration Fee at the start of each fiscal year, Oct 1. This fee is charged to ALL new and current students to cover the costs for membership with the Club and World Taekwondo Federation of BC and for WTBC/Sport BC Insurance.

A NEW Annual Registration Form must be filled out EACH year no later than October 1st.

Facility Improvement Fee per family:
Annual $50.00 Facility Improvement Fee is applicable at the start of each fiscal year, Oct 1.

PLEASE READ THE FOLLOWING TERMS & CONDITIONS OF THE CLUB MEMBERSHIP
1. **Method of Payment**
   All regular monthly payments must be made by pre-authorized debit. Registration fees, facility improvement fees, and equipment purchases may be done by cheque. **All returned (NSF) cheques are subject to a $25.00 charge.**

2. **Suspension of Club Privileges**
   If membership dues are owed for over **2 weeks** (14 days) following the 1st of the month, you will not be permitted to participate in classes, tournaments or belt tests.

3. **Registration/Re-Registration Fee**
   I agree to pay the **$27 Registration Fee at the start of every new registration period** (October each year). I understand that this fee is charged to all new and current students to cover the costs for membership with the Club and the World Taekwondo Federation of British Columbia and for WTBC/Sport BC insurance.

4. **Facility Improvement Fee**
   Similarly to the registration fee, I agree to pay the current annual **Facility Improvement fee of $50 at the start of every new registration period.** (October each year) I understand this fee of **$50 is per student or per family.**

5. **Termination of Membership**
   If I do not participate in Club activities for 3 months and do not notify the Club of my intentions, the Club is authorized to terminate my membership. I cannot collect any reimbursement for dues that have already been deposited. If I decide to return within the same registration period, I do not have to pay a re-activation fee for my membership.

6. **Recommended Protective Equipment**
   I understand that I must have "WT" certified protective equipment: Head, Chest, Groin, Mouth, Shin-Instep, and Fist-Forearm Protectors if I choose to participate in tae kwon do tournaments. I understand that it is recommended that all participants obtain personal shin/arm and mouth and groin guards for sparring practice with in the club (can ordered through the club office). Head and chest (hogu) protectors are generally available for use in class.

7. **Leave of Absence**
   I understand that if I choose to take a month or more leave from taekwondo training, that I must submit a request in writing to place my membership on hold for a predetermined length of time. I understand that my dues will be reactivated at the end of the term requested. Although most holidays are observed, the Club does not shut down in the summer months of July and August. Practicing Taekwondo is a continuous learning process. If you intend to take July and/or August off, you must submit this request in writing **no later than May 31st.** Any requests made after this date may result in a non-refundable monthly dues deposit.
8. Injury Leave of Absence

If you must miss one or more month of class due to a valid injury, you must notify the club in writing within 7 days. Your membership can be placed on hold while you recover and dues will be adjusted accordingly.

9. Tests & Belt Promotions

Test requirements, test dates, and test fees are set by Grandmaster Kim and Master Large. Belt promotion tests are usually held in the spring (March-April), beginning of summer (end of June), end of summer (early September), and winter (mid-December). These tests are only tentative and may not always occur. Students are required to attend a minimum of 18 classes and be in good standing with their dues during the stated attendance period. Testing is at the discretion of the instructors.

Thank you for reviewing all the information! These are yours to keep.

Please complete and sign the following pages / forms and bring those to the office together with the payment. We are looking forward seeing you in the dojang.
# REGISTRATION FORM

## Contact Information

<table>
<thead>
<tr>
<th>Student’s Name:</th>
<th>Last name</th>
<th>First Name</th>
<th>Middle Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>Date of Birth (Month/Day/Year)</td>
<td>Male ☐</td>
<td>Female ☐</td>
</tr>
<tr>
<td>House/Apt#</td>
<td>Street</td>
<td>City</td>
<td>Province, Postal Code</td>
</tr>
<tr>
<td>Email address</td>
<td>Home phone number</td>
<td>Work phone number</td>
<td></td>
</tr>
<tr>
<td>Care Card Number</td>
<td>Doctor’s name</td>
<td>Dentist’s name</td>
<td></td>
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</tbody>
</table>

**New Student?**

- Yes ☐
- No ☐

**Current Belt:**

**Any medical allergy or condition:**

<table>
<thead>
<tr>
<th>Name of emergency contact</th>
<th>Relationship to Student</th>
<th>Contact number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent(s)/Guardian(s) names</td>
<td>Address &amp; phone number (if different from above)</td>
<td></td>
</tr>
</tbody>
</table>

## New Student Section

- Have you studied Taekwondo before? Yes ☐ No ☐
- Previous School

- Have you studied martial arts before? Yes ☐ No ☐
- Style

**How did you hear about this club?**

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**Signature of Applicant (18 Years and Over)**

**Date**

**Signature of Parent/Guardian (If Under 18 Years)**

**Date**

**To confirm you have reviewed the Terms of Agreement for Membership with your child, please have him/her sign below:**

**Signature of Child Under 18 Years**

**Date**

©2017 Woo Kim Nanaimo Taekwondo School
<table>
<thead>
<tr>
<th>For office use only:</th>
<th>Payment information</th>
</tr>
</thead>
<tbody>
<tr>
<td>❑ New Student Introductory Package</td>
<td>♦ PAD/Pre- Authorized Debit Agreement Processed?</td>
</tr>
<tr>
<td>$___________</td>
<td>Yes ❑ Not Yet ❑</td>
</tr>
<tr>
<td>Amount paid</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>❑ Returning Student</th>
<th>PAD/Pre- Authorized Debit Agreement Processed?</th>
</tr>
</thead>
<tbody>
<tr>
<td>❑ $27 membership fee</td>
<td>Yes ❑ Not Yet ❑</td>
</tr>
<tr>
<td>❑ $50 Facility Improvement fee</td>
<td></td>
</tr>
<tr>
<td>❑ Monthly dues __________</td>
<td></td>
</tr>
<tr>
<td>❑ Equipment __________</td>
<td></td>
</tr>
</tbody>
</table>

| $ __________ | |
| Total Amount Paid | |

Date:_____________________________

Processed and Approved by
WAIVER OF LIABILITY

Please read the following statements before signing this form. While incidents are rare, you should be aware that:

- Tae Kwon Do is a physical activity and a contact sport which carries an inherent risk of injury to you and others. By signing below, you agree to waive and release the directors, officers, and instructors of Nanaimo Tae Kwon Do, the club’s employees, subcontractors, agents, and volunteers from any liability in connection with you and/or your child’s participation in lessons, demonstrations, examinations, and any other club activity that may occur.

- Nanaimo Tae Kwon Do has a series of tenets governing student conduct. I agree that I and/or my child will abide by these tenets both within and outside the Dojang.

- While Nanaimo Tae Kwon Do is a safe environment the loss of personal property while at the club is a possibility. By signing below, I agree to hold harmless the directors, subcontractors, employees, agents, and volunteers of Nanaimo Tae Kwon Do from any such losses.

- By signing below, I authorize the directors, subcontractors, volunteers, or employees of Nanaimo Tae Kwon Do to obtain medical assistance for myself or my child should they deem it necessary.

- By signing below, I agree to be bound by the fee schedule, payment terms, and cancellation policy of Nanaimo Tae Kwon Do.

By signing below, I verify that I have read, understood and agree to the above waiver.

______________________________  __________________________
Signature of Applicant (18 Years Old & Older)  Date

______________________________
Name of Applicant

______________________________  __________________________
Signature of Parent/Guardian (If under 18 Years)  Date
RELEASE OF INFORMATION &
AUTHORIZATION TO DISPLAY OR PUBLISH MEDIA AGREEMENT

I, ____________________________________________________________________________________________  of
(Name)
_____________________________________________________________________________________________
(Address)
_____________________________________________________________________________________________
(Phone Number)

hereby authorize  ______________________________________________________________________________
(Name of Person(s))

Executive Board –Angelika Valchar, Rachel Mason and/or Master Steve Large

of the Nanaimo Tae Kwon Do Club to share and exchange relevant information in support of my membership with:

□ TKD BC
□ TKD Canada
□ Other National & Provincial Sport Organizations as specified: ____________________________

This information may also be used to promote the Nanaimo Tae Kwon Do Club.

I also authorize the Nanaimo Tae Kwon Do Club to use any photographs, video, audio or text provided by me for use by the Club either in house or externally, to promote its mandate, mission and programs. Please mark all that apply:

□ Promotional materials
□ Newsletters
□ Websites
□ Articles
□ Facebook and other social media
□ At the discretion of the Club

I have the right at any time to cancel this agreement by giving written notice to the Nanaimo Tae Kwon Do Club and the Club will upon receipt of this notice no longer release any information or use any photographs, video, audio, or text provided by me. I accept that this will only apply to new information and future use of photographs, video, audio or text provided by me.

______________________________    ____________________________
Signature of Member (or parent)    Date

______________________________
For Nanaimo Tae Kwon Do Club

This authorization is renewable every year in September together with the annual renewal form. Must be signed and returned back to the office by Oct. 1.
WHITE BELT

Terminology Sheet
You will be asked some of these questions during your belt test!

COUNTING

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>KOREAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>One</td>
<td>Ha Na (Hana)</td>
</tr>
<tr>
<td>Two</td>
<td>Dul (tool)</td>
</tr>
<tr>
<td>Three</td>
<td>Set (Set)</td>
</tr>
<tr>
<td>Four</td>
<td>Net (Net)</td>
</tr>
<tr>
<td>Five</td>
<td>Da Seot (tah-Set)</td>
</tr>
</tbody>
</table>

THE TENETS OF TAEKWONDO TERM MEANING

<table>
<thead>
<tr>
<th>TERM</th>
<th>MEANING</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Courtesy</td>
<td>To be respectful to others.</td>
</tr>
<tr>
<td>2. Integrity</td>
<td>To be honest and loyal.</td>
</tr>
<tr>
<td>3. Perseverance</td>
<td>To never give up.</td>
</tr>
<tr>
<td>4. Self-Control</td>
<td>To control yourself physically and mentally.</td>
</tr>
<tr>
<td>5. Indomitable Spirit</td>
<td>To never be put down by others.</td>
</tr>
</tbody>
</table>

THE MEMBERSHIP OATH

1. I shall observe the Tenets of Taekwondo.
2. I shall respect my instructors and seniors.
3. I shall never misuse Taekwondo.
4. I shall be a champion of freedom and justice.
5. I shall help build a more peaceful world

While reciting the Membership Oath, you should hold your right hand above your heart with your other hand behind your back.

GENERAL QUESTIONS

Name of your Master: --- Bu Gwan Jang Nim - Steve Large
Name of your Grand Master: --- Gwan Jang Nim - Gil Woo Kim
Name of your uniform: --- Dobok (Doe-Bok)
Name of the place you train at: --- Dojang (Doe-Jang)
Greeting the Grand Master: --- Bong Gop Sham Nee Da – Gwan Jang Nim - Gil Woo Kim

-“Gwan Jang Nim” means “Grand Master.” --- “Bu” means “Assistant” or “vice.”
-“Bong Gop Sham Nee Da” means “Nice to see you again.”